



1decision Early Years Portal

Learning Opportunities and Intervention Mapping Document

Introduction

What are the Department for Education's expectations for Early Years settings?

'Personal, Social and Emotional Development Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others.'

Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary.

Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children, they learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life.'

Statutory framework for the early years foundation stage, March 2021

How does 1decision support these expectations?

We have developed our Early Years resources to help you to deliver the revised EYFS. It is vital that children have quality learning experiences to help their personal, social, and emotional development. Delivering a quality PSED curriculum requires:

- a thorough knowledge of each child, including their home life, their awareness of the world around them and their stage of emotional development.
- practitioners who identify how they are going to help children to progress.

For example, one of the focused learning areas helps children to develop strategies to learn how to regulate their feelings and behaviour. As a part of this resource, we provide animated stories and additional resources to support children in exploring their understanding of a range of emotions, such as worry, and allow them to connect their own emotions and feelings to the experiences of our characters – the Rainbow Drops. These characters take your children on a journey to unravel the complexities of their own feelings.

Each animation lasts for 2-3 minutes and provides an excellent springboard to help you to teach your children to manage key moments and challenges that may arise throughout their lives – such as managing relationships, taking care of their own health and wellbeing, being kind and considerate to others, and much more.

Studies have shown that the attainment gap is growing within early years, and the children will clearly identify their individual needs within your setting. This resource has been created with in-the-moment 'planning' in mind but can also be filtered into the curriculum. The Early Years portal includes a wide range of topics, which have the flexibility to be used with the whole class, small groups, and individual children. They are easily accessible, highly engaging, and can be used on smartboards, PCs, and tablets. ***Please note, we will be adding content every term, and will always welcome feedback.***

Learning Opportunities and Intervention Mapping Document

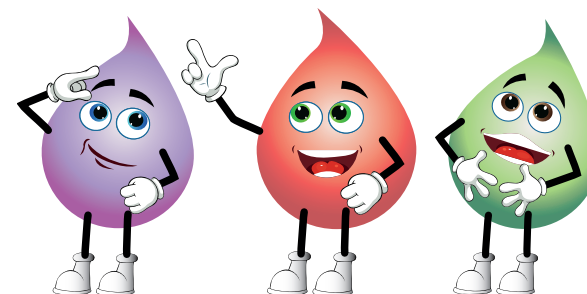
Throughout this document you will see how we have broken down the PSED areas further to identify the essential skills that children need to develop. From the information you gather about each child, you can easily identify the resources that will aid your teaching, and help children to progress in their personal development.

To see how the resources link directly to the Early Years framework, you may also want to read our 'Resource Overview and Statutory Framework Mapping Document', which can be found here: www.1decision.co.uk/info/1decision-eyfs-early-learning-goals-mapping-document.pdf

If you require any further assistance with our Early Years resources, please contact a member of the 1decision team via info@1decision.co.uk.

You can access the portal via: www.1decision.co.uk

If you are new to 1decision, you can request a trial here:
www.1decision.co.uk/pre-order-our-early-years-programme



Are your students RainbowSmart at home?

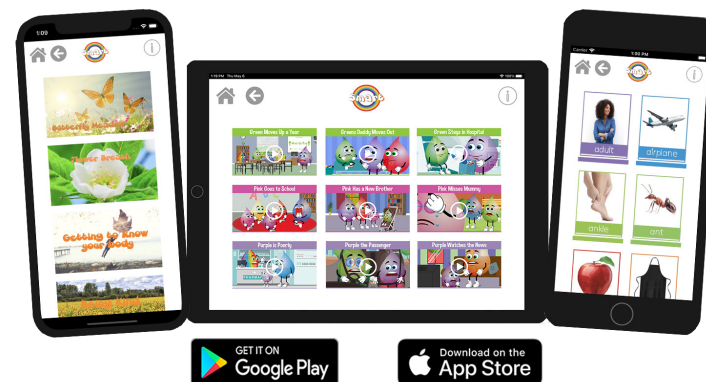
RainbowSmart is a new app from the creators of the 1decision resources.

This app has been created for the parents and carers of children who are engaging with the 1decision early years resources at school.

How can this help your school?

This app allows you the opportunity to invite parents/carers to continue classroom learning at home.

For example: if during a session you have been teaching your students about Blue's Indoor Voice, parents/carers can log in to the app and re-visit the story or animation with their children to reinforce the learning at home.



**FREE 7 DAY TRIAL FOR EVERY
PARENT/CARER**

Topics	Learning Opportunities
Keeping/Staying Safe	- Identifying risks to keep ourselves and others safe - Understand that rules help to keep ourselves and others safe
Keeping/Staying Healthy	Develop an understanding of the importance of making healthy choices (for example: health, allergies, diet, sleep, screentime, germs, oral health)
Relationships	- Managing friendships and social interactions - Being aware of our own needs and having empathy for and understanding of others
Being Responsible	- Understand that sometimes we have to do things that we don't like doing - Developing a sense of responsibility
Feelings and Emotions	- Understanding emotions - Develop strategies for managing feelings - Understand that it is OK to ask for help
Computer and Online Safety	Understand the risks and how to stay safe when using technology
Our World	- Understand similarities and differences - Identify people who help us in our local community - Respecting the local environment
Change and Transitions	- Managing new experiences - Taking on new challenges - Building confidence - Managing changes at home

Keeping/Staying Safe

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
Identifying risks to keep ourselves and others safe	Rainbow's Day Out Green Stays in Hospital Yellow Play Fights Rainbow Visits the Seaside Yellow Learns About Germs	N/A	Blue at the Shopping Centre Blue Plays Tennis Pink at the Park Red Needs to Cross the Road Yellow Gets Cross	Yellow Learns About Germs Talking Card Rainbow Visits the Seaside Talking Cards	N/A
Understand that rules help to keep ourselves and others safe	Red's Nut Allergy Purple the Passenger Blue Explores Road Safety Yellow Play Fights Blue's Indoor Voice Pink's Screen Time Rainbow Visits the Seaside Yellow Learns About Germs Yellow's Bedtime	N/A	Blue at the Shopping Centre Blue Plays Tennis Pink at the Park Red Needs to Cross the Road Yellow Gets Cross	Blue Explores Road Safety Sorting Cards Yellow's Bedtime Sorting Cards Yellow Learns About Germs Talking Cards Rainbow Visits the Seaside Talking Cards Pink's Screen Time Talking Cards	N/A

Keeping/Staying Healthy

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
Develop an understanding of the importance of making healthy choices (for example: health, allergies, diet, sleep, screentime, germs, oral health)	Orange Brushes Her Teeth Red's Nut Allergy Green's Greens Pink's Screen Time Purple is Poorly Red Visits the Dentist Yellow Learns About Germs Yellow's Bedtime	All 12 Mindfulness and Yoga Videos	Purple's Hand Wash Red Has a Wobbly Tooth	Green's Greens Sorting Cards Yellow's Bedtime Sorting Cards Yellow Learns About Germs Talking Cards Red Visits the Dentist Talking Cards Purple is Poorly Talking Cards Pink's Screen Time Talking Cards	Counting Fruits Find the Fruit Find the Vegetables Healthy Dinner I Can Brush My Teeth I Can Wash My Hands Washing Hands Poster My Body Poster Remember to Brush Your Teeth Twice a Day Poster Have You Had Enough Water Today? Poster

Relationships

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
Managing friendships and social interactions	Pink Is Feeling Sad Orange Helps Out Rainbow Feels Angry Rainbow Helps at Home Purple's Pet Bird? Orange Moves House Blue's Best Friend Blue Learns to Share Yellow Wants to Play with Orange	Managing Anger Being Kind	Blue Bakes Cakes Blue Feels Jealous Blue Wants to Play a Game Rainbow Wants to Play Yellow Will Not Share Yellow is Working in Pairs Red's Playtime Red's Spelling Test Red Plays Ball Purple Feels Left Out Green's Playtime Green Is Lining Up Pink's New Classmate Purple's Best Friend Purple's Picture Yellow Wants to Help Green Yellow Returns to School Rainbow is Going to the Zoo	Blue's Best Friend Sorting Cards Blue Learns to Share Sorting Cards	Friendship Stop Area Poster Sharing Is Caring Poster It's Nice to Help Others Poster It's Kind to Take Turns Poster

Relationships

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
Being aware of our own needs and having empathy for and understanding of others	Pink Misses Mummy Orange Helps Out Why Does Purple Play Differently? Blue Learns to Share Yellow Wants to Play with Orange Red's Hearing Aid	Flower Breath Being Kind	Yellow Wants to Help Green Pink's New Classmate	Red's Hearing Aid Sorting Cards Blue Learns to Share Sorting Cards Pink Misses Mummy Talking Cards Why Does Purple Play Differently? Talking Cards	It's Nice to Help Others Poster Friendship Stop Area Poster

Being Responsible

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
Understand that sometimes we have to do things that we don't like doing	Orange Brushes Her Teeth Rainbow Helps at Home Pink's Screen Time Rainbow Visits the Seaside	N/A	Pink's Computer Game Purple is Upset Red and His Wellies It Is Yellow's Birthday Rainbow Loves to Dance	Pink's Screen Time Talking Cards Rainbow Visits the Seaside Talking Cards	N/A
Developing a sense of responsibility	Rainbow Helps at Home Purple's Pet Bird Yellow's Bedtime	N/A	Purple's School Book Red Plays Ball	Yellow's Bedtime Sorting Cards	N/A

Feelings and Emotions

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
Understanding emotions	Pink is Feeling Sad Blue Gets Lost Yellow Goes on Holiday Orange Sleeps Over Red Goes Swimming Orange Feels Worried Purple Watches the News Orange Moves House Pink's Screen Time Purple is Poorly Red Visits the Dentist Yellow's Bedtime Pink Misses Mummy Blue's Best Friend Red Needs the Toilet Pink Has a New Brother Pink Goes to School Green is Moving Up a Year Yellow Wants to Play with Orange	Managing Anger Managing Worry	Blue Feels Jealous Blue Feels Sad Green's Glasses Green's PE Kit Pink Feels Worried Pink's Pet Fish Pink's Travel Sickness Purple Feels Poorly Red Is Upset Red's Hurt His Ankle Red Has a Wobbly Tooth Red's Spelling Test Red's Playtime Yellow Wants to Help Green Yellow Returns to School It Is Yellow's Birthday Yellow's New Sister Yellow Gets Cross Yellow's Dad Has a New Girlfriend Rainbow Is Moving House Rainbow Is Going to the Zoo Purple's Picture	Yellow's Bedtime Sorting Cards Blue's Best Friend Sorting Cards Red Visits the Dentist Talking Cards Pink Misses Mummy Talking Cards Purple is Poorly Talking Cards Pink's Screen Time Talking Cards Pink Goes to School Talking Cards	How Do You Feel Today?

Feelings and Emotions

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
Develop strategies for managing feelings	Pink is Feeling Sad Blue Gets Lost Red's Nut Allergy Orange Sleeps Over Rainbow Helps at Home Orange Feels Worried Purple Watches the News Pink Misses Mummy Pink Has a New Brother	Managing Anger Managing Worry Being Kind Getting to Know Your Body Magic Cloud Flower Breath Enchanted Forest Butterfly Meadow Meadow Journey Ocean Journey Forest Journey Cloud Journey	Blue Feels Jealous Blue Feels Sad Blue Has Forgotten Her Lunch Blue's Sleepover Green's Brother's Game Green's Daddy Green's Dance Class Green's Glasses Green's PE Kit Pink and Pocket Money Pink Feels Worried Pink's Computer Game Pink's Pet Fish Pink's Travel Sickness Purple Feels Poorly Purple's Best Friend Purple Feels Left Out Purple Is Upset Purple's Picture Purple's School Book	Pink Misses Mummy Talking Cards	How Do You Feel Today?

Feelings and Emotions

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
Develop strategies for managing feelings (continued)			Purple's Sports Day Red is Upset Red's Hurt His Ankle Red Has a Wobbly Tooth Red's Spelling Test Red's Playtime Yellow Wants to Help Green Yellow Returns to School It Is Yellow's Birthday Yellow's New Sister Yellow Gets Cross Yellow's Dad Has a New Girlfriend Rainbow Is Moving House Rainbow Is Going to the Zoo		

Feelings and Emotions

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
Understand that it is OK to ask for help	Red Needs the Toilet Pink is Feeling Sad Orange Feels Worried Blue Gets Lost	N/A	Pink Gets Changed Pink's Pet Fish Pink's Travel Sickness Purple Feels Poorly Purple's Hand Wash Purple's Picture Red Is Upset Red Plays Ball Red Has a Wobbly Tooth Red's Spelling Test Red's Playtime Yellow Wants to Help Green Yellow Returns to School	N/A	N/A

Computer and Online Safety

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
Understand the risks and how to stay safe when using technology	Pink's Screen Time	N/A	Pinks' Computer Game	Pink's Screen Time Talking Cards	N/A

Our World

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
Understand similarities and differences	Green Gets Glasses Rainbow's Food Journey Red's Hearing Aid Why Does Purple Play Differently? Yellow Wants to Play With Orange	N/A	Green's Understanding Pink and Pocket Money	Rainbow's Food Journey Sorting Cards Red's Hearing Aid Sorting Cards Why Does Purple Play Differently? Talking Cards	My Family
Identify people who help us in our local community	Green Stays in Hospital Green Gets Glasses Purple is Poorly Red Visits the Dentist Pink is Feeling Sad Red Needs the Toilet	N/A	N/A	Green Gets Glasses Sorting Card Purple is Poorly Talking Cards	My Family
Respecting the local environment	Rainbow's Day Out Blue Explores Road Safety	N/A	N/A	Blue Explores Road Safety Sorting Card	N/A

Change and Transitions

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
Managing new experiences	Red Goes Swimming Yellow Goes on Holiday Green Stays in Hospital Green Gets Glasses Pink Goes to School Green is Moving Up a Year Rainbow's Food Journey Rainbow's Day Out Yellow Wants to Play with Orange	Managing Worry Flower Breath	Blue Has Forgotten Her Lunch Blue's Sleepover Green's Dance Class Rainbow Is Moving House	Green Gets Glasses Sorting Cards Pink Goes to School Talking Cards Rainbow's Food Journey	NA
Taking on new challenges	Red Goes Swimming Yellow Wants to Play with Orange	Managing Worry Flower Breath	Green's Dance Class	N/A	Always Try Your Best Poster Have You Made Any Good Decisions Today? Poster

Change and Transitions

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
Building confidence	Red Goes Swimming Pink Goes to School Yellow Wants to Play With Orange	Managing Worry Flower Breath	Green's Dance Class Pink Gets Changed Yellow Returns to School	Pink Goes to School Talking Cards	Always Try Your Best Poster Have You Made Any Good Decisions Today? Poster
Managing changes at home	Green's Daddy Moves Out Orange Moves House Pink Has a New Brother	Managing Worry Flower Breath	Pink's Pet Fish Yellow's New Sister Yellow's Dad Has a New Girlfriend Rainbow Is Moving House	N/A	N/A



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